1st-3rd grade



Personal resources

I develop my personal resources when ...

- I am able to work within areas I don't yet know much about
- I believe that I can learn/solve anything if I take the time to do so
- I test my ideas with help from the adults
- I can work on the same task/challenge for a long period of time
- I learn from my mistakes and use them to improve and become better
- · I carry on working even though things may be difficult
- I can concentrate and work focused on an assignment/ challenge



1st-3rd grade



Creativity competence

I develop my creativity competence when ...

- · I think in a different way and make use of it in lessons
- I use things in school that I have experienced in other connections
- I make changes to and experiment with my ideas and possible solutions
- I go on to find new and better ideas than the first ones (brainstorm)
- We can examine the pros and cons of different ideas and solutions
- I make use of sensory concepts and imagery in order to create pictures from words e.g. I think so hard that I beat my brains out



1st-3rd grade



Action competence

I develop my action competence when ...

- · I work on making an idea a reality
- I work together with one or more people
- I can talk about what I have been working on to others at my school or in the local environment
- I can ask for help from people I know
- I can draw or build things and work with simple visualisations and models
- I can set up exhibitions of joint projects

1st-3rd grade



External competence

I develop my external competence when ...

- I can describe my own culture and way of life in connection with the way we do things in my class or school
- I can apply the concept of money in simple mathematical calculations
- · I learn about working life and leisure time
- I look at and talk with others about businesses and institutions in the local environment. Which types exist and what can be improved upon?

4th-6th grade



Personal resources

I develop my personal resources when ...

- · I challenge myself by jumping in at the deep end
- · I am confident in my own opinions even when others disagree
- I am a responsible and active participant in all projects
- I participate and believe that I can do anything if I take the time to do so
- we work together to try out ideas and start new projects
- I can compromise and am able to see several sides of a matter, case or issue
- · I don't give up even if I want to
- I learn from my own and others' mistakes and misunderstandings
- · I find ways to overcome difficulties



4th-6th grade



Creativity competence

I develop my creative competence when...

- I switch between logical/problem-solving and creative/ spontaneous thinking
- I can include things I've learned earlier
- I try out, experiment with and combine previous knowledge in new ways
- · I make use of different ideas in when problem-solving
- I find inspiration for new ideas on the internet and in my local environment
- · we discuss the pros and cons of various ideas and solutions
- I make use of sensory expressions and impressions
- we discuss dreams relating to the near future



4th-6th grade



Action competence

I develop my action competence when ...

- I examine and describe uncertainty associated with projects I'm starting
- I can work together with others in a group I didn't choose myself
- I contribute and participate actively in projects
- I can present my results and projects to others
- · I can find people who can help me
- I can communicate my knowledge through models, sketches and visual expressions

4th-6th grade



External competence

I develop my external competence when ...

- I can compare different cultures
- I can discuss and expand my own understanding of the world
- · I can set up/compile simple budgets
- · I volunteer in local associations in my leisure time
- We discuss global opportunities and challenges
- I examine the way society is built with regards to resources and economy
- I deal with and describe how an enterprise works

7th-9th grade



Personal resources

I develop my personal resources when ...

- · I challenge myself by jumping in at the deep end
- · I am confident in my opinions even though they may differ from others'
- · I am a responsible and active participant in my own and in joint projects
- · I form my own opinions and believe that I can achieve anything
- · I try out ideas and begin new projects on my own and with others
- · I work on my identity independent of the culture around me
- I can continue working on a project despite interruptions
- I learn from and use my own and others' mistakes and misunderstandings
- I can keep my head cool and accomplish uncertain and complex tasks
- I can maintain focus on interrupted tasks and projects over a long period of time



7th-9th grade



Creativity competence

I develop my creativity competence when ...

- I structure my idea-generating process in phases: problem clarification, idea development and idea selection
- I combine different areas of academic knowledge
- I experiment with my knowledge of academic subjects and my understanding of society
- · I try out different ideas when problem solving
- I combine ideas using several elements such as sensory impression, contrasts, associations and problem solving
- We evaluate the pros and cons of different ideas and solutions
- I use sensory concepts and feelings in relation to academic knowledge
- · I describe dreams and visions for the future



7th-9th grade



Action competence

I develop my action competence when ...

- · I evaluate uncertainty and risks associated with projects
- I manage and carry out projects together with others
- I participate in different collaborative relationships outside of school
- I present my work to others
- I can find people to help me outside of my own personal network
- · I can build and use networks of people who can assist me
- I can prepare and present my results and projects to a specific target group



7th-9th grade



External competence

I develop my external competence when ...

- · I compare different cultures and different ways of life
- I discuss my understanding of the world with others
- I can set up/compile simple budgets and accounts
- I plan for my future career
- I can evaluate the opportunities and challenges relating to globalisation
- · I can analyse and describe resources available to me
- I can describe simple business models and in relation to this: product, sales, organisation and economy